



DALE CARNEGIE®
TRAINING

Final Results Package

For

Teen Program

Graduated June 2010

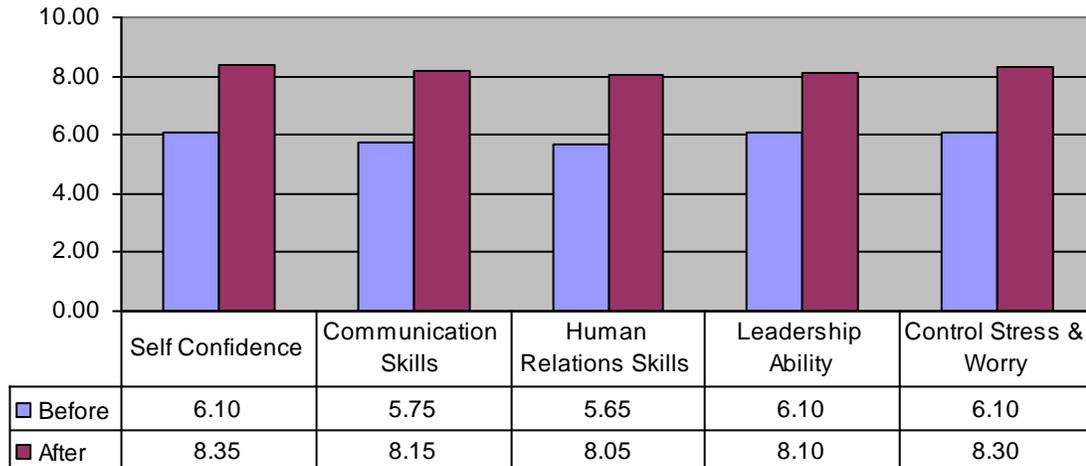
Final Assessment

Not Anonymous – Conducted June 2010

Participants rated themselves in the following categories

(On a scale of 1-10, with 10 being the highest):

	Before	After	% of Increase
Self Confidence	6.10	8.35	36.89%
Communication Skills	5.75	8.15	41.74%
Human Relations Skills	5.65	8.05	42.48%
Leadership Ability	6.10	8.10	32.79%
Control Stress & Worry	6.10	8.30	36.07%



What do you consider to be the major benefit of having participated in this program?

- Self-confidence and speaking improvement.
- It was awesome.
- This training will help me for the rest of my life and I am grateful to receive it.
- I have learned skills that I will use throughout my life and I feel more confident.
- It's improved drastically and I firmly believe that my whole family should do it.
- It was priceless!
- I am more confident with public speaking and better listener.
- I got a lot out of this program.
- It was very informative. I learned a lot.
- It has helped me on numerous occasions in the way I act.
- I learned to better gain people's trust and have them do stuff.
- Major confidence, more humor, more friends, more overall openness.
- This program was beneficial to me in numerous ways. It has mainly helped me learn to appreciate opinions of others. I truly was minimally aware of the human relation skills and I believe that those will be an asset to my future relationships.
- I will be able to communicate with my peers.
- I learned how to speak more clearly in front of an audience.
- Being able to speak in front of crowds of people with more confidence.
- More confident. Better leader. Can step more out of my comfort zone.
- I am much more confident in public speaking and find it easier to talk to people. I also really learned the great meaning of a smile.
- Public speaking. Being more confident about what I talk about.
- Many new skills that can be incorporated throughout life in a variety of ways.
- Getting out of my comfort zone. Being more comfortable speaking in front of people. Boosting my self-confidence and reducing my stress and worries. Making better eye contact.
- Increased ability to work with others. Greater confidence.
- Becoming a better and more confident public speaker.
- My Human Relation skills greatly increased. More confident.
- Learning new skills for remembering peoples' names.
- It teaches you good people skills.
- That I can have more confidence in myself. I also learned how to control my stress and worry better than before.
- I have become much more confident about myself and I can now use this in real life situations.
- I have learned to become a better leader and communicate with others better.
- It was my second time in the program so I could focus more on areas that I did not focus as much on the previous time.

What did you like about the training?

- I liked the exercises.
- Hands on activities.
- The other participants.
- Cool co-participants.
- Enthusiasm
- The objectives.
- The enthusiasm.
- I had an enjoyable time and learned a lot.
- Fun and friendly.
- It was very step-by-step and informational.
- The strong interaction between the participants and trainers.
- Amount of high participation.
- I liked that the instructors were encouraging.
- Forced to be outside of my comfort zone and interact with others.
- The way our thinking was pushed to accommodate success in new forms.
- The activities.
- It helped my speaking and confidence.
- That they were committed and enthusiastic.
- I liked how I was forced to step out of my comfort zone.
- Very fun and a great learning experience.
- The friendliness.
- It helped me to come out of my comfort zone and be more confident.
- It was instructive and fun.
- The topics and level of involvement.
- I took a lot of courage.

What would you change about the training?

- Make the day shorter.
- Nothing
- Better organization.
- Better organization.
- Nothing
- Nothing
- More comfortable seating.
- Nothing
- Nothing
- Nothing
- The length.
- Less writing/book.
- I would make the day shorter but make the program a week.
- The length of the program. It should be longer.
- Just give more time for question answering.

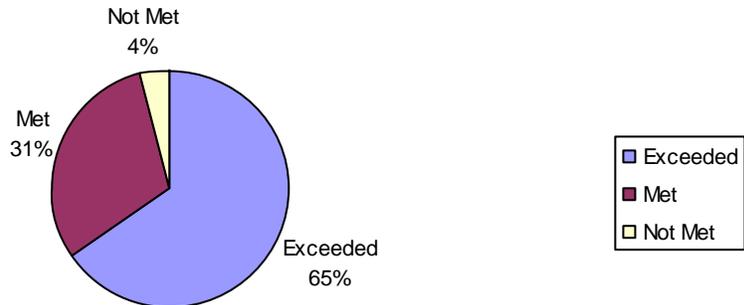
Additional Comments:

- I had a great time.
- Thank you for helping me awaken a new aspect of my personal and social mind.
- I thought it was awesome and I felt like it prepared me for the real world. I would highly recommend it for my peers.
- It's a really great program and I think that everyone should take it.
- Great class! Helped me a lot and will continue to help me in the future.
- Lots of fun.
- Great program. A little too long though (8:30-2:00).
- I would like it to be four days.
- I would love to come back to help in this class again.

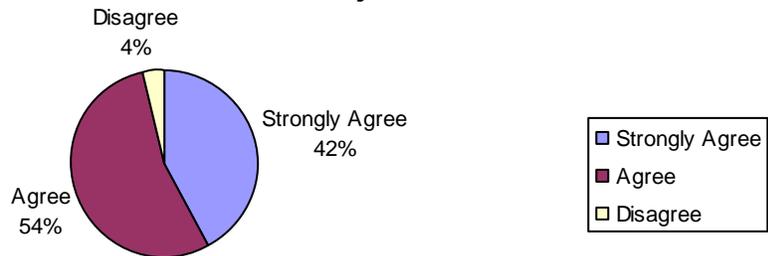
Level I Training Assessment

Anonymous Survey Conducted June 2010

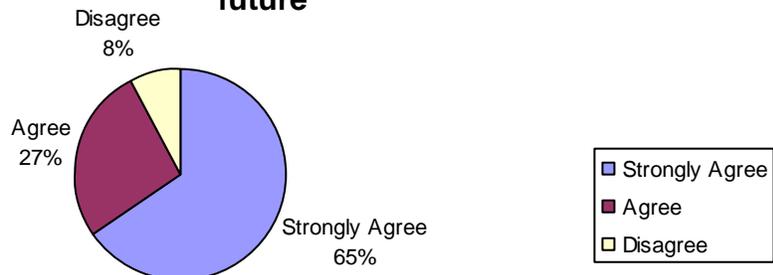
The Extent to Which This Training Met Expectations



This program increased my capability to perform my current or future job



I intend to apply what I learned in this training in the future



Parent & Guest Responses

Did you enjoy the experience?

- Yes
- Yes
- Yes
- Outstanding
- Yes
- Yes, very informative.
- Yes
- Most definitely!
- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Very much
- Yes
- Yes
- Immensely
- Yes!
- Yes
-

What did you like best?

- Hearing about the experiences and accomplishments from the teens. The introductions by the Dale Carnegie leaders.
- The graduation ceremony.
- Hearing my son speak.
- The individual talks.
- Very enjoying and successful.
- The children's growth in 3 days. Public speaking and the awards.
- Hearing the students.
- Hearing each participant tell about their success in the program.
- I could see that so many of the participants benefited from this learning experience.
- Like seeing the confidence the students built in such a short time.
- Positive attitudes.

- Hearing how everyone has grown over the past three days and enjoyed the experience.
- The talks by the kids.
- Seeing how much his confidence improved.
- Listening to the students talk about their experiences and the adults perception of each student.
- The personal stories.
- That all participants did confident presentations even though you could tell that some were really trying hard to make it work.
- The transformation of the participants.
- I liked that all the students go to say what they liked.
- Seeing him stand up and present himself well.
- Watching my son break out of his comfort zone.
- Student presentations and thoughtful, personal introductions.
- Seeing how much the teenagers got from the class by speaking to everyone.
- Hearing stories of self-awareness.
- My sister's speech.
- Speeches of the participants.
- Hearing what my son learned.
- Watching the presentations and listening to the principles they learned.

What did you like least?

- Being asked to speak.
- Having the fear I may have to speak.
- Length of time of graduation ceremony. Traveling an extended distance tonight.
- Too short.
- Three day time limit.
- Perhaps overall awards to all participants for making the effort that they did.
- Nothing
- Rushing to get here.
- Only one plaque given to one student.
- Nothing
- There was nothing that I didn't like.
- Shaking hands and wishing everyone "Congratulations". It was too long.
- Nothing

What has been the most significant improvement that you have observed in your child?

- His comfort level with forming new relationships. Being open to learning.
- Openness to how it will help him in the future.
- He actually seemed to enjoy this. We told him he was attending and he accepted it but seems to have gotten good things out of it. Has a good attitude.
- Much more talkative after 1st day. We didn't have a lot of time together. Looking forward to future to witness results.
- More expression of what she wants.
- Has become more aware of his attributes. Helped validate his personality.
- More outgoing with people around him.
- I can see that my son` was utilizing the learning strategies he was given. He became much more confident and comfortable with his public speaking.
- Seems more confident in himself.
- These three days have shown positive attitude towards the course. I thought there would be resentment but that was not the case.
- I haven't had an argument with him in the past three days.
- Positive, more mature attitude. Not as much complaining.
- His ability to speak in front of others and to make new friends.
- Happiness and confidence!
- Discovering himself. Confident.
- Openness and risk.
- More confidence.
- He is more positive and wants to take more chances.
- He has been positive and open to attending this class, expanding his comfort zone by offering more conversation at home and looking forward to the next day's class.
- Happy to tell me about the class and their successes.
- My son's understanding of how small details (remembering names) is very important in relationships.
- She has become more outgoing.
- He has become more confident and positive.
- My son loved this program. He learned that he is quick to criticize and has vowed to change that behavior.
- Confident in front of a large group. I have never seen this level of confidence before.