



DALE CARNEGIE®
TRAINING

Final Results Package

For

Teen Program

Graduated July 2009

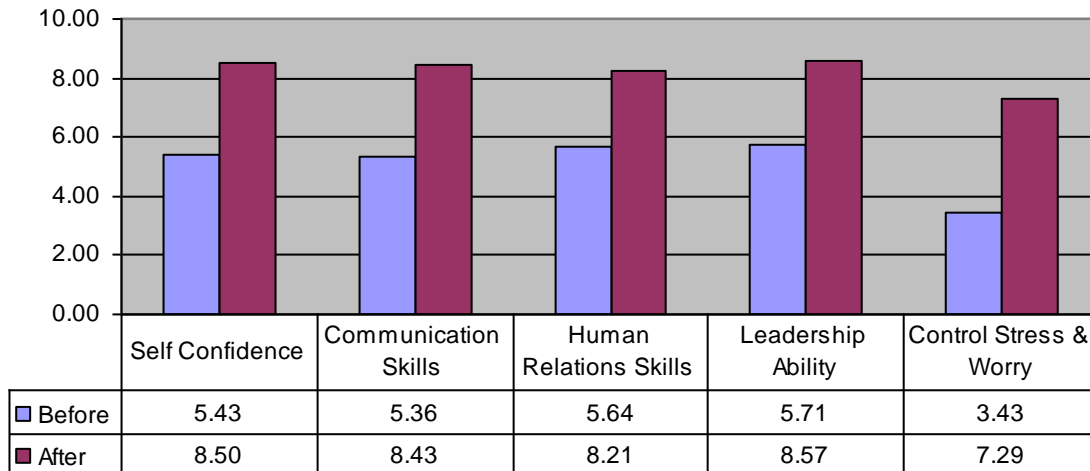
Final Assessment

Not Anonymous – Conducted July, 2009

Participants rated themselves in the following categories

(On a scale of 1-10, with 10 being the highest):

	Before	After	% of Increase
Self Confidence	5.43	8.50	56.58%
Communication Skills	5.36	8.43	57.33%
Human Relations Skills	5.64	8.21	45.57%
Leadership Ability	5.71	8.57	50.00%
Control Stress & Worry	3.43	7.29	112.50%



Day-to-Day CHALLENGES facing the group

- Parents – expectations/opinions
- Meeting new people
- School – workload/grades
- Teachers moods
- Intereacting with other students
- Bullies
- Sports
- Opposite sex
- Work – customers/employees/bosses
- Prioritizing
- Time management
- Procrastination

What do you consider to be the major benefit of having participated in this program?

- The **major benefit** of taking this program was **bettering myself for the future** and meeting some great new people.
- Reinforcement – an opportunity to try again and practice more.
- I have gained more self-confidence and learned to stop worrying about presentations because they are a lot easier than you think.
- I would like to say Bob Dickson was a major benefit for me because he helped teach me that I can say my name in the right way.
- I feel **I have learned to make friends easier.**
- A major boost in self-confidence and ability in public speaking.
- I feel better equipped to handle the new experiences and challenges that are before me. **I leave here more confident.**
- My public speaking improved greatly and I became more confident and comfortable in front of the group.
- I have learned to be more confident about my speaking. **It is just as important to listen as it is to speak.**
- Improving my communication skills and my self-confidence because I feel like those are the main things that I really needed to improve on.
- I benefit in getting to help peers other than myself attain the necessary keys to future success.
- I think by being in this program it helped me become a better speaker and learn that I'm not the only nervous person.
- I have learned great tools to help me with the future and with careers.
- Becoming a better speaker and being more self-confident.
- I learned a whole new set of skills that I never even considered. **These skills will help me to succeed in the future.**

What did you like about the training?

- **I felt well prepared and included.**
- That we did a lot of public speaking.
- Me
- The training made me realize little things about my self.
- **It was effective.**
- **It was in a comfortable environment.**
- **Everybody went through the same thing and this made me not nervous or embarrassed.**
- They were very nice and energetic about the exercises we did.
- **It was realistic.** I was able to apply the “objectives” to my workplace.
- I got to meet cool new people.
- Trying the new skills in a welcoming environment.
- The environment and encouraging trainers.
- **It was a welcoming environment.**
- Gave me a comfortable place to learn.
- It has really given me more self-confidence in myself, and better able to speak in public.

What would you change about the training?

- 1 hour shorter.
- I would change the length of the day to make it shorter but the program for a whole week.
- Longer spread of time for the course.
- The training is good the way it is.
- Make it a full week.
- It was too long of a day.
- None
- More social interaction.
- Nothing
- Nothing, it was perfect.
- Have another activity on the first day to break the ice.
- Maybe one more day to practice more skills.
- Start later in the day and add more days.
- More focus on relationships like keeping them, not starting them.
- Nothing

Would this experience be of value to your friends or acquaintances? Please provide their names and phone numbers and we'll be happy to talk to them regarding the benefits!

- Yes. My friends would love it. They would enjoy making themselves better and having this experience.
- Yes because now I can say my name right and can be stress free.
- Yes. I don't know their numbers.
- Yes, it would be very helpful to my peers.

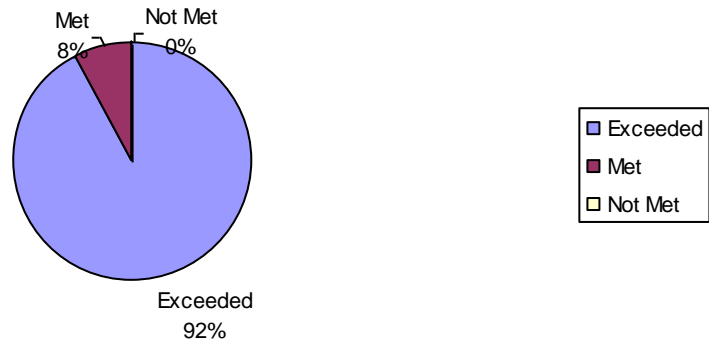
Additional Comments:

- **Coming here made me feel better about myself. It's an experience that I won't forget.**
- It was fun and still beneficial, even the second time.
- **I'm glad my mom made me come.**
- Thank you Caryn, Bob, Brian and Katelyn for making this experience really enjoyable. This course has really helped me and will continue to help me.
- **Your support and encouragement had a great impact on my experience.** Thank you!
- Fun and valuable class.
- Very good. Make it less than 9 hours though.
- Gang star. Make bank.
- I am gonna make bad bank after this course.
- I enjoyed this class, honestly and I liked the people in the class and the teachers very much.
- **FUN** – thank you for everything, seriously.
- **Once you leave your grateful you came!**
- I had a lot of fun!

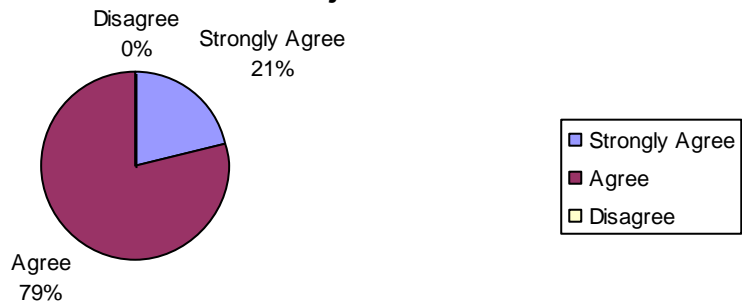
Level I Training Assessment

Anonymous Survey Conducted July, 2009

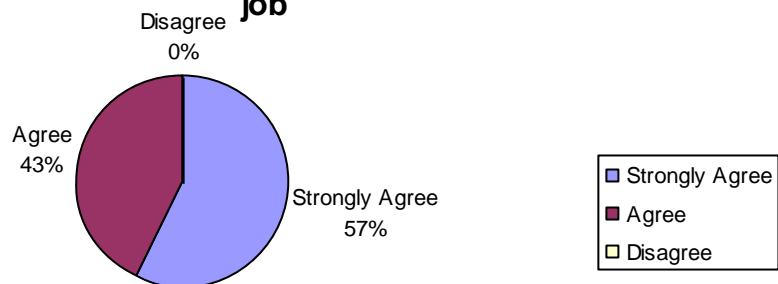
The Extent to Which This Training Met Expectations



This program increased my capability to perform my current or future job



I intend to apply what I learned in this training in my job



Parent & Guest Responses

Did you enjoy the experience?

- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Yes
- Extremely
- Yes!
- Yes – meeting the participants was great.
- Yes
- Yes
- Yes
-

What did you like best?

- Hearing how the students handled the course.
- The speeches.
- The individual speeches.
- The introductions which gave an insight into how my son was in the class.
- Watching the young people present and tell their stories.
- The confidence that the students presented.
- Speeches
- Hearing my report out.
- Hearing my son in action and seeing him comfortable in front of a group.
- I enjoyed hearing all the benefits the kids learned about becoming more successful. Having them use “I am” statements. Wishing success vs. good luck.
- Speeches. To see other kids interact with each other. To see teenagers confront their insecurities. The posters. A place to practice social skills!
- Listening to the speeches.
- The inspiration the participants shared with us. Watching my son share in front of a crowd.
- **Brings joy to my heart to see the confidence and enthusiasm of the kids.**
- Listening to the kids share their success.
- Seeing the obvious growth and enthusiasm in each child and listening to them discuss what they learned and liked after class.

What did you like least?

- It was hard to come in the middle of the day.
- The timer..
- Mid afternoon, hard to get out of work.
- Everything was well done.
- A lot of um's, and's, and like's in the students' presentations.
- Thinking of things to say about my son to the group.
- Waiting – started a bit late. Also, it would be great to have known approximately how long we would be here (not to be critical but it would be helpful for planning..other kids at home and a work deadline.)
- This form.
- I enjoyed everything
- Name tags should be on the right side so when you shake someones hand upon introduction you can easily read their name.

What has been the most significant improvement that you have observed in your child?

- I can really see a difference in his public speaking from only a few days ago. The Saturday before the course he had to speak in front of a group and he just looked down and read his speech. Today he didn't seem nervous and he made eye contact.
- Not as irritating
- Confidence in his presentation.
- My son has been very happy!
- **A more positive attitude.** A willingness to try new things. An understanding of the power of language and attitude in building relationships with others.
- Confidence. Voice level increase. **Greater understanding of the parts of leadership.**
- Confidence. Effort to interact with others.
- A confidence level I didn't see in my son prior to the course.
- I noticed better eye contact, less body movement, used fewer words like: like & um when speaking. I am also happy to hear about the "I am" statement.
- To see him speak publicly. To recognize time management. **This program should be for all teenagers! So worth the money. Will bring my daughter next year!**
- **The biggest difference was my son's behavior and appearance from morning one to morning two. Wow!**
- More thoughtful in his communication. **He appreciated this training.**
- Exceeded my expectations. Daughter - Comfort and ease with public speaking and her smile. Son – his engagement and enthusiasm for the course. Daughter – her appreciation of the experience and how composed she appears even if she doesn't think so.

- An increase in confidence and basic skills of public speaking.
- Son – admitting his flaws (argumentative) and his determination to work on that.
Daughter – confidence, confidence, confidence and enthusiasm. She seems to have lost her insecurity and replaced it with confidence. Daughter – she has gained self-confidence and appears less shy and insecure.